

# Online Safety Awareness Sessions for Parents

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[The CAPE Podcast](#)

*Kristi is a child sexual abuse prevention educator, advocate,  
keynote speaker, author, podcast host & mum*



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Join me for an enlightening hour dedicated to empowering parents with crucial insights into safeguarding your children online.

As an ex-child abuse detective and specialist child interviewer with over a decade of experience, I bring a unique perspective to the table. Throughout the session, we'll delve into comprehensive online safety awareness, exploring protective measures and strategies, effective supervision and oversight, along with proactive support systems tailored for school-aged children.

From identifying potential risks to offering practical solutions for addressing online threats, this session equips parents with the knowledge and tools needed to navigate the digital landscape confidently.

Whether you're a seasoned digital guardian or just starting your journey, this session promises valuable insights and actionable steps to ensure your child's online safety and well-being.

## Each 60 minute session includes:

- **The 4 most common types of online abuse**
- **Red flags and warning signs of online grooming**
- **Tips for talking to your kids at any age**
- **Which platforms to watch out for**
- **Practical tools and ways we can teach our kids to be safe whilst online**
- **What to do if... something happens**
- **Resources to make our lives easier**
- **Q & A for parents and educators**

## ABOUT KRISTI

Kristi McVee has spent over 14 years fighting child sexual abuse from the front lines and now utilises her experiences as a police officer and child abuse detective to teach all she knows about child abuse prevention to parents, caregivers, educators and the community.

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